

Krakowska Wyższa Szkoła Promocji Zdrowia z siedzibą w Krakowie
Plan studiów na kierunku KOSMETOLOGIA - studia stacjonarne 2026/2027
Studia I stopnia - profil kształcenia praktyczny

| Nr | Kod przedmiotu | Przedmiot | Sem. 1 | | | | Sem. 2 | | | Sem. 3 | | | Sem. 4 | | | | Sem. 5 | | | | Sem. 6 | | | Razem | | | | Zaj. prakt. | | | |
|---|----------------|--|--------|-----|-----|-----|--------|----|-----|--------|----|-----|--------|----|-----|-----|--------|----|-----|-----|--------|----|-----|-------|-----|-----|-----|-------------|----|---|---|
| | | | WK | ĆW | LAB | PKT | WK | ĆW | PKT | WK | ĆW | PKT | WK | ĆW | LAB | PKT | WK | ĆW | LAB | PKT | WK | ĆW | PKT | WK | ĆW | LAB | PKT | | | | |
| A. Przedmioty kształcenia ogólnego | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | KL_A1 | Etyka zawodowa | | | | 15 | | 1 | | | | | | | | | | | | | | | | | | 15 | 0 | 0 | 1 | | |
| 2 | KL_A2 | Technologia informacyjna | | 30 | | 2 | | | | | | | | | | | | | | | | | | | | 0 | 30 | 0 | 2 | | |
| 3 | KL_A3 | Podstawy psychologii | 30 | | | 2 | | | | | | | | | | | | | | | | | | | | 30 | 0 | 0 | 2 | | |
| 4 | KL_A4 | Metody medycyny naturalnej | | | | | | | 30 | | 2 | | | | | | | | | | | | | | | 30 | 0 | 0 | 2 | | |
| 5 | KL_A5 | Ochrona własności intelektualnej | | | | | | | | | | | | | 15 | | | | 1 | | | | | | | 15 | 0 | 0 | 1 | | |
| 6 | KL_A6 | Wychowanie fizyczne | | 30 | | 0 | | 30 | 0 | | | | | | | | | | | | | | | | | 0 | 60 | 0 | 0 | | |
| 7 | KL_A7 | Bezpieczeństwo i higiena pracy | 5 | | | 0 | | | | | | | | | | | | | | | | | | | | 5 | 0 | 0 | 0 | | |
| suma A | | | 35 | 60 | 0 | 4 | 15 | 30 | 1 | 30 | 0 | 2 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 95 | 90 | 0 | 8 | | |
| B. Przedmioty podstawowe | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | KL_B1 | Anatomia [E] | 30 | | | 3 | | | | | | | | | | | | | | | | | | | | 30 | 0 | 0 | 3 | | |
| 2 | KL_B2 | Biochemia [E] | | | | | 30 | | 3 | | | | | | | | | | | | | | | | | 30 | 0 | 0 | 3 | | |
| 3 | KL_B3 | Biologia z genetyką [E] | 30 | | | 3 | | | | | | | | | | | | | | | | | | | | 30 | 0 | 0 | 3 | | |
| 4 | KL_B4 | Doraźna pomoc medyczna | | | | | | | | 15 | 1 | | | | | | | | | | | | | | | 0 | 15 | 0 | 1 | T | |
| 5 | KL_B5 | Elementy biofizyki [E] | | | | | 15 | | 1 | | | | | | | | | | | | | | | | | 15 | 0 | 0 | 1 | | |
| 6 | KL_B6 | Farmakologia [E] | | | | | | | | | | 20 | | | | 1 | 20 | | | 2 | | | | | | 40 | 0 | 0 | 3 | | |
| 7 | KL_B7 | Fizjologia [E] | | | | | 15 | | 1 | 15 | 15 | 2 | | | | | | | | | | | | | | 30 | 15 | 0 | 3 | T | |
| 8 | KL_B8 | Higiena [E] | 20 | | | 2 | | | | | | | | | | | | | | | | | | | | 20 | 0 | 0 | 2 | | |
| 9 | KL_B9 | Histologia [E] | 30 | 15 | | 4 | | | | | | | | | | | | | | | | | | | | 30 | 15 | 0 | 4 | T | |
| 10 | KL_B10 | Kosmetologia [E] | | | | | 10 | | 1 | 10 | | 1 | 10 | | 1 | 10 | | | 1 | 10 | | 1 | 10 | | | 50 | 0 | 0 | 5 | | |
| 11 | KL_B11 | Mikrobiologia i immunologia [E] | | | | | 20 | | 2 | 15 | 15 | 2 | | | | | | | | | | | | | | 35 | 15 | 0 | 4 | T | |
| 12 | KL_B12 | Patofizjologia [E] | | | | | | | | 30 | | 2 | | | | | | | | | | | | | | 30 | 0 | 0 | 2 | | |
| 13 | KL_B13 | Podstawy chemii | 20 | 10 | 10 | 3 | | | | | | | | | | | | | | | | | | | | 20 | 10 | 10 | 3 | T | |
| 14 | KL_B14 | Chemia organiczna i nieorganiczna [E] | | | | | 20 | 10 | 3 | | | | | | | | | | | | | | | | | 20 | 10 | 0 | 3 | T | |
| 15 | KL_B15 | Podstawy toksykologii [E] | | | | | | | | | | | 30 | | | 3 | | | | | | | | | | 30 | 0 | 0 | 3 | | |
| suma B | | | 130 | 25 | 10 | 15 | 110 | 10 | 11 | 70 | 45 | 8 | 60 | 0 | 0 | 5 | 30 | 0 | 0 | 3 | 10 | 0 | 1 | 410 | 80 | 10 | 43 | | | | |
| C. Przedmioty kierunkowe | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | KL_C1 | Alergologia [E] | | | | | | | | | | | | | | 30 | | | 3 | | | | | | | 30 | 0 | 0 | 3 | | |
| 2 | KL_C2 | Chemia surowców kosmetycznych [E] | | | | | | | | 20 | | 2 | 20 | 15 | | 3 | | | | | | | | | | | 40 | 15 | 0 | 5 | T |
| 3 | KL_C3 | Podstawy dermatologii | | | | | | | | 30 | | 2 | | | | | | | | | | | | | | | 30 | 0 | 0 | 2 | |
| 4 | KL_C4 | Dermatologia kliniczna [E] | | | | | | | | | | | 20 | 10 | | 3 | | | | | | | | | | | 20 | 10 | 0 | 3 | T |
| 5 | KL_C5 | Dermatologia estetyczna [E] | | | | | | | | | | | | | | | 20 | 10 | | 3 | | | | | | 20 | 10 | 0 | 3 | T | |
| 6 | KL_C6 | Podstawy makijażu | 15 | 15 | | 3 | | | | | | | | | | | | | | | | | | | | 15 | 15 | 0 | 3 | T | |
| 7 | KL_C7 | Podstawy chirurgii plastycznej [E] | | | | | | | | | | | | | | | | | | | 15 | 15 | 2 | | | 15 | 15 | 0 | 2 | T | |
| 8 | KL_C8 | Odnowa biologiczna | | | | | | | | | | | | | | | | | | | | 30 | 2 | | | 0 | 30 | 0 | 2 | T | |
| 9 | KL_C9 | Gerontologia | | | | | | | | | | | | | | 20 | | | 1 | | | | | | | 20 | 0 | 0 | 1 | | |
| 10 | KL_C10 | Aspekty prawne prowadzenia działalności gospodarczej | | | | | 15 | | 2 | | | | | | | | | | | | | | | | | 15 | 0 | 0 | 2 | | |
| 11 | KL_C11 | Marketing w kosmetologii | | | | | | | | | | | | | | | | | | 10 | | | 1 | | | 10 | 0 | 0 | 1 | | |
| 12 | KL_C12 | Promocja zdrowia [E] | 30 | | | 2 | 15 | | 2 | | | | | | | | | | | | | | | | | 45 | 0 | 0 | 4 | | |
| 13 | KL_C13 | Receptura kosmetyków [E] | | | | | | | | 20 | | 2 | 10 | 20 | 10 | 4 | | | | | | | | | | | 30 | 20 | 10 | 6 | T |
| 14 | KL_C14 | Technologia kosmetyków [E] | | | | | | | | | | | 20 | | 10 | 2 | 20 | 10 | | 3 | | | | | | 40 | 10 | 10 | 5 | T | |
| 15 | KL_C15 | Seminarium dyplomowe | | | | | | | | | | | | | | | | | | | | | | | | 0 | 10 | 0 | 1 | | |
| suma C | | | 45 | 15 | 0 | 5 | 30 | 0 | 4 | 70 | 0 | 6 | 70 | 45 | 20 | 12 | 90 | 30 | 0 | 11 | 25 | 45 | 5 | 330 | 135 | 20 | 43 | | | | |
| suma A+B+C | | | 210 | 100 | 10 | 24 | 155 | 40 | 16 | 170 | 45 | 16 | 130 | 45 | 20 | 17 | 135 | 30 | 0 | 15 | 35 | 45 | 6 | 835 | 305 | 30 | 94 | | | | |

| D. Przedmioty specjalizacyjne- przedmioty do wyboru | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------|---|-----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|-----|----|----|------|-----|-----|-----|------|----|-----|---|
| 1 | KI_D1 | Język obcy 1 (do wyboru j. angielski/ j. niemiecki/ j. hiszpański)* [E] | | 30 | | 2 | | 30 | 2 | | 30 | 2 | | 30 | 2 | | | | | | | 0 | 120 | 0 | 8 | | | |
| 2 | KI_D2 | Surowce naturalne w kosmetologii/Fitoterapia w kosmetologii * | 30 | 15 | | 4 | | | | | | | | | | | | | | | | 30 | 15 | 0 | 4 | T | | |
| 3 | KI_D3 | Wprowadzenie do kosmetyki/Podstawy w kosmetyce* | | | | | | 60 | 5 | | | | | | | | | | | | | 0 | 60 | 0 | 5 | T | | |
| 4 | KI_D4 | Kosmetyka pielęgnacyjna/Kosmetyka stosowana* | | | | | | | | 120 | 6 | | | | | | | | | | | 0 | 120 | 0 | 6 | T | | |
| 5 | KI_D5 | Podstawy fizjoterapii i masażu/ Masaż z elementami fizjoterapii* | | | | | | | | 30 | 2 | | 30 | 2 | | | | | | | | 0 | 60 | 0 | 4 | T | | |
| 6 | KI_D6 | Kosmetyka upiększająca/Elektroterapia w kosmetyce* | | | | | | | | | | 120 | 6 | | | | | | | | | 0 | 120 | 0 | 6 | T | | |
| 7 | KI_D7 | Kosmetyka lecznicza/Chemiczne metody pielęgnacyjne* | | | | | | | | | | | | | 120 | | 6 | | | | | 0 | 120 | 0 | 6 | T | | |
| 8 | KI_D8 | Sensoryka i środki zapachowe/Analiza sensoryczna *[E] | | | | | | | | | | | | | | 15 | | 15 | 3 | | | 15 | 0 | 15 | 3 | T | | |
| 9 | KI_D9 | Techniki relaksacyjne/ Kosmetyczne rytuały SPA* | | | | | | | | | | | | | 30 | | 2 | | | | | 0 | 30 | 0 | 2 | T | | |
| 10 | KI_D10 | Dietetyka w kosmetologii/Podstawy żywienia człowieka z dietetyką *[E] | | | | | | | | | | | | | | | | | 15 | 15 | 2 | 15 | 15 | 0 | 2 | T | | |
| 11 | KI_D11 | Medycyna anti-aging/Medycyna estetyczna *[E] | | | | | | | | | | | | | | | | | | 10 | | 1 | 10 | 0 | 0 | 1 | | |
| 12 | KI_D12 | Stylizacja/ Nowoczesne kreowanie wizerunku* | | | | | | | | | | | | | | | | | | | | 30 | 2 | 0 | 30 | 0 | 2 | T |
| 13 | KI_D13 | Makijaż korekcyjny w praktyce kosmologa/ Techniki makijażu medycznego* | | | | | | | | | | | | | | | | | | | | 30 | 2 | 0 | 30 | 0 | 2 | T |
| 14 | KI_D14 | Zaawansowane techniki pielęgnacyjne/Zaawansowane zabiegi kosmetologii medycznej*[E] | | | | | | | | | | | | | | | | | | | | 90 | 4 | 0 | 90 | 0 | 4 | T |
| 15 | KI_D15 | Praca dyplomowa** | | | | | | | | | | | | | | | | | | | | 10 | 10 | 0 | 10 | 0 | 10 | |
| suma D | | | 30 | 45 | 0 | 6 | 0 | 90 | 7 | 0 | 180 | 10 | 0 | 180 | 0 | 10 | 15 | 150 | 15 | 11 | 25 | 175 | 21 | 70 | 820 | 15 | 65 | |
| suma A+B+C+D | | | 240 | 145 | 10 | 30 | 155 | 130 | 23 | 170 | 225 | 26 | 130 | 225 | 20 | 27 | 150 | 180 | 15 | 26 | 60 | 220 | 27 | 905 | 1125 | 45 | 159 | |
| E. Praktyka zawodowa | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | KI_E1 | Praktyka- wprowadzenie do kosmetyki | | | | | | 200 | 7 | | | | | | | | | | | | | 0 | 200 | 0 | 7 | | | |
| 2 | KI_E2 | Praktyka- kosmetyka pielęgnacyjna | | | | | | | | 140 | 5 | | | | | | | | | | | 0 | 140 | 0 | 5 | | | |
| 3 | KI_E3 | Praktyka- kosmetyka upiększająca | | | | | | | | | | 140 | 5 | | | | | | | | | 0 | 140 | 0 | 5 | | | |
| 4 | KI_E4 | Praktyka- kosmetyka lecznicza | | | | | | | | | | | | | 140 | | 5 | | | | | 0 | 140 | 0 | 5 | | | |
| 5 | KI_E5 | Praktyka- odnowa biologiczna | | | | | | | | | | | | | | | | | | | 140 | 5 | 0 | 140 | 0 | 5 | | |
| suma praktyka | | | 0 | 0 | 0 | 0 | 0 | 200 | 7 | 0 | 140 | 5 | 0 | 140 | 0 | 5 | 0 | 140 | 0 | 5 | 0 | 140 | 5 | 0 | 760 | 0 | 27 | |
| suma A+B+C+D+PRAKTYKA ZAWODOWA | | | 240 | 145 | 10 | 30 | 155 | 330 | 30 | 170 | 365 | 31 | 130 | 365 | 20 | 32 | 150 | 320 | 15 | 31 | 60 | 360 | 32 | 905 | 1885 | 45 | 186 | |
| SUMA GODZIN | | | 395 | | | 485 | | | 535 | | | 515 | | | 485 | | | 420 | | | 2835 | | | | | | | |

Objaśnienia:

*jeden z dwóch przedmiotów do wyboru

**przedmiot praca dyplomowa jako przedmiot do wyboru poprzez wybór promotora

WK - ilość godzin dydaktycznych wykładu

ĆW - ilość godzin dydaktycznych ćwiczeń

LAB - ćwiczenia laboratoryjne

PKT - ilość punktów ECTS

[E] - egzamin końcowy z przedmiotu

| Ilość ECTS - zajęcia praktyczne | Ilość ECTS (min.) - zajęcia praktyczne wymagane | Ilość ECTS - wybieralność osiągnięta | Ilość ECTS (min.) - wybieralność wymagana |
|---------------------------------|---|--------------------------------------|---|
| 93 | 93 | 65 | 55,8 |